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Emergency Numbers

Cherokee County Sheriff	(918) 456-2583
Tahlequah Police Department	(918) 456-8801
Oklahoma Highway Patrol	(918) 683-3256
Cherokee Nation Marshall	(918) 456-9224
Tahlequah Fire Department	(918) 456-2424
Tahlequah City Hospital	(918) 456-0641
WW Hastings Hospital	(918) 458-3100
Red Cross	(918) 682-1366
Poison Control	(800) 222-1222
Animal Control	(918) 456-1241

Hotline Numbers

Report Child Abuse & Neglect	(800) 522-3511
Child Support Services	(800) 522-2922
SoonerCare	(800) 987-7767
Oklahoma Health Care Authority	(800) 522-0310
Oklahoma State Department of Human Services	(888) 521-2778

Counseling Services

Cherokee Nation Behavioral Health

(918) 458-6167
1277 Skill Center Cr.
Tahlequah, OK

Cherokee Nation HERO Project

(918) 772-4004
1277 Skill Center Cr.
Tahlequah, OK

Calming Connections

(918) 453-1108
1140 Mayberry Dr.
Tahlequah, OK

CREOKS

(918) 207-0078
711 S. Muskogee Ave.
Tahlequah, OK
www.creoks.org

People Inc.

(918) 453-1217
1606 E. Downing St.
Tahlequah, OK

Improving Lives Counseling

(918) 506-4012
308 E. Downing St.
Tahlequah, OK

Harris & Harris Counseling

(918) 421-9808
harrisandharriscounseling.com

Multi-County Counseling, Inc.

(918) 458-0113
1200 W. 4th St. Ste. D
Tahlequah, OK
www.multi-county-counseling.com

Redefine U

(918) 431-0634
2511 S. Muskogee Ave.
Tahlequah, OK

Green Country Behavioral Health

(918) 441-8306
619 N. Main St.
Muskogee, OK

Melinda Shaver Psy D

(918) 457-8100
315 N. College Ave.
Tahlequah, OK

Substance Abuse Treatment

12 and 12

(918) 664-4224
6333 E. Skeely Dr.
Tulsa, OK
www.12and12.org

Chi Hullo Li (women)

(888) 449-2905
(918) 567-2905
13597 S. E. 202 Rd.
Tahlihinah, OK

DARP

(918) 456-9100
(918) 207-7181
14100 N. 477 Rd.
Tahlequah, OK

House of Hope

Inpatient (918) 786-2930 (men only)
Outpatient (918) 787-7769 (men, women, and children)
32300 S. 625 Rd.
PO Box 451585
Grove, OK

Monarch (women)

(918) 682-7210
3210 W. Broadway
Muskogee, OK

The Oaks

(918) 423-6030
628 E. Creek Ave.
PO Box 1404
McAlester, OK
www.kibios.org

Rose Rock Recovery Center

(918) 256-9210
24919 S. 4420 Rd.
Vinita, OK

Tulsa Women and Children

(Palmer Continuum of Care)
(918) 430-0975
2442 E. Mohawk Blvd.
Tulsa, OK

Jordan's Crossing

(405) 604-9644
301 SW I-240 Service Rd.
Oklahoma City, OK 73139

Harbor House

(479) 785-4083
615 N. 19th St.
Fort Smith, AR

Drug Testing

Ace Hi

(918) 696-2132 phone
(918) 696-1138 fax
10 N. Second St.
PO Box 1362
Stilwell, OK 74960
Nail & Hair Test - \$139
Alcohol - \$155
UA - \$25

People Inc.

(918) 453-1217
1606 E. Downing
Tahlequah, OK 74464
UA - \$25

DATL

(918) 644-3285
2626 S. Sheridan Rd.
Tulsa, OK 74129
Hair Follicle - \$69.50

AA/NA Meetings

(918) 456-4856
812 Ward St.
Tahlequah, OK

AI ANON

(918) 453-2710
1112 Rozell Ave.
Tahlequah, OK

Sexual Abuse

Non-offender Program
KIDS Space / Muskogee
(918) 682-4240

Perpetrator Treatment
Randy Lopp & Assoc. / Tulsa
(918) 747-2799

Domestic Violence Services

Women in Safe Home, Inc.
(918) 682-7878

Help in Crisis
(918) 456-0673

Family and Children's Services of Tulsa
(918) 587-9471

Cherokee Nation One Fire Victim Services
(866) 458-5399

Transportation

Sooner Cab
(918) 207-8381

Sooner Ride
(877) 404-4500

KATS Bus
(918) 453-1155

Parenting Instruction

Zoe Institute
(918) 453-9778

CREOKS
(918) 207-0778

Cherokee Nation HERO Project
(918) 683-9100

Birth Certificates

(405) 271-4040

Locations

Vital Records Service of Oklahoma
1000 Northeast 10th
Oklahoma City, OK

James O. Goodwin Health Center
5051 S. 129th East Ave.
Tulsa, OK
(918) 594-4840

Pittsburg County Health Department
1400 E. College Ave.
McAlester, OK

Social Security Office

(800) 772-1213
(877) 575-5195
2401 W. Shawnee St.
Muskogee, OK
www.ssa.gov

Other Important Numbers

Cherokee Nation EMS	(918) 458-5403
Adult Protective Services	(800) 522-3511
FBI (OKC)	(405) 290-7770
Federal Bureau of Alcohol, Tobacco, & Firearm	(800) 800-3855
National Poison Control Center	(800) 222-1222
Oklahoma Health Care Authority	(800) 522-0310
Oklahoma Nursing Home Hotline	(800) 747-8419
Safe Call (school safety hotline for students)	(877) 723-3225 x651
Reach Out Hotline (drug and alcohol abuse)	(800) 522-9054
US Drug Enforcement Administration	(405) 475-7500
US Marshall Service	(918) 581-7738
Indian Child Welfare	(918) 458-6900
TANF/Temporary Assistance for Needy Families	(918) 207-4500
Cherokee County Health Department	(918) 456-8826
Tahlequah Public Library	(918) 456-2581
Cherokee Nation Child Support	(918) 453-5444

Infants and Children

Cherokee Nation WIC	(918) 453-5000
State WIC	(918) 456-0108
Sooner Start	(918) 458-6577
Urgent Care	(918) 453-1234
Dr. Ahmad	(918) 458-9444
Tahlequah Pediatrics/Dr. Siddique	(918) 456-7700
Child Care Resource Center	(918) 453-5300
ccrc.cherokee.org	
NEO Health Pediatrics	(918) 207-0773

Housing

HUD	(800) 256-4683
Cherokee Nation Housing	(918) 456-5482
	(918) 453-5408
NEO Community Action	(918) 253-4683

Low Income Housing

Tahlequah Terrace	(918) 456-1884
Garden Walk	(918) 456-0561

Community Social Help Programs

CASA

(918) 456-8788
304 S. Keetoowah St.
Tahlequah, OK

Cherokee Nation Healthy Nation

(918) 456-0671 x5711
PO Box 948
Tahlequah, OK

Cherokee County Literacy Council

(918) 456-2581
120 S. College
Tahlequah, OK

Eastern Oklahoma Development District

(918) 682-7891 phone
(918) 682-5444 fax
1012 N. 38th St.
Muskogee, OK

JD McCarty Center for Children with Developmental Disabilities

(405) 307-2800
2002 E. Robinson St.
Norman, OK

Shelters

Help in Crisis (domestic violence)	(918) 456-0673
WISH Shelter (domestic violence)	(918) 682-7878
Hope House (homeless)	(918) 456-4673
Salvation Army (homeless)	(918) 682-3384
Tahlequah Men's Shelter	(918) 453-2520
Cherokee Nation Youth Shelter	(918) 458-4440

Clothing

Kid Connections	(918) 456-3032
Cookson Hills Center	(918) 457-5181
Zoe Institute www.zoeinstitute.com	(918) 453-9778
Tahlequah Cares Group	(918) 207-2110

Pregnancy Resources

Pregnancy Center of Tahlequah & Single Mom's Resource Center

(pregnancy tests, counseling, clothing, diapers, formula)

(918) 456-4440

1019 S. Muskogee Ave.

Tahlequah, OK

Pregnancy National Hotline

(800) 848-5683

Crime Prevention

Crime Stoppers	(580) 332-2824
OSBI	(405) 848-6724
We Tip	(800) 782-7463

Find it on the Web

Enroll for SoonerCare online:	www.soonercare.org
Department of Human Services:	www.okdhs.org
Cherokee Nation Services:	www.cherokee.org/services
Workforce Oklahoma:	www.workforceok.org
Oklahoma District Court Records:	www.odcr.com
United Keetoowah Band Services:	www.ukb-nsn.gov
Browse Health Care Providers/Facilities:	www.citehealth.com

Food

CARE Food Pantry

(918) 458-5338
220 N. Muskogee Ave.
Tahlequah, OK
M-W-F, 10:00 am – 1:00 pm (need ID & SS card)

King's Aid Station

(918) 458-0350
706 E. Cherrie St.
Tahlequah, OK
Tues & Thurs sack lunch 10:00 am – 2:00 pm

Oklahoma State WIC

(918) 453-5000 x5589

Cherokee County WIC

(918) 456-0108

Angel Food

(918) 772-2579
126 E. 5th St.
Hulbert, OK

Feed My Sheep

(918) 456-6141
First United Methodist Church
300 W. Delaware St.
Tahlequah, OK
www.tahlequahumc.org
Free meals on Thursdays 5:00 pm – 6:00 pm

Muskogee Community Pantry

(First Presbyterian Church)
(918) 687-5401

Tahlequah 1st Presbyterian

Save-A-Lot Vouchers
Call Ahead (918) 456-2271
Office Hours: T-F 8:30 am – 2:30 pm

Bread of Life Pantry

(918) 456-2633
325 E. Ward St.
First Thursday of each month 12:30 pm – 3:00 pm

Cherokee Nation Food Distribution

(918) 207-3920
(918) 453-5422

SNAP (food stamps)

Cherokee Co. DHS
(918) 207-4500
1298 W. 4th St.
Tahlequah, OK

Zoe Institute

(918) 453-9778
1009 S. Muskogee Ave.
Tahlequah, OK
Need SNAP award letter
www.zoeinstitute.com

Hands of Grace Warehouse

(918) 457-5181
32035 Hwy 82
Cookson, OK
M-Th 9:00 am – 4:00 pm
(need voucher from Zoe Institute)

Wisdom Keepers Lunch

1284 W. 4th St.
Tahlequah, OK
M-F 11:30 am

Help In Crisis

(918) 456-0673
205 N. College
Tahlequah, OK
Tues & Thurs 8:30 am – 5:00 pm

Childcare

*Cherokee Nation CDC	(918) 458-4404
Lowrey Head Start	(918) 458-6183
*Toy Chest Learning Center	(918) 456-2390
*Cookson Hills Kidz Mission	(918) 457-5190
CN Children's Village	(918) 458-4393
*Gingerbread House	(918) 207-0117
*Henry Lee Doublehead CDC	(918) 431-9998
*Lil Blessings Child Care Center	(918) 453-1121
*Lil Dandies Childcare	(918) 456-5627
*Pitter Patter Child Development	(918) 456-9201
*Stepping Stones Academy	(918) 931-1871
*Sweets Childcare	(918) 458-1788
Keys Head Start	(918) 456-3778
Briggs Head Start	(918) 456-1566
Tahlequah Early Learning Academy	(918) 431-0550
Tahlequah South Head Start	(918) 458-0271
Tahlequah West Head Start	(918) 456-5050
Woodall Head Start	(918) 723-3571
Tenkiller Head Start	(918) 457-4273
Shady Grove Head Start	(918) 772-3505
Nvdo Head Start	(918) 458-4130
Kibois Peggs Head Start	(918) 598-3444
Pope's Lil' Britches Playschool & Daycare	(918) 231-6745

*Facilities that accept OKDHS subsidy are indicated with a **

Contact OKDHS Office of Child Care for a complete and updated list: (918) 207-4500